

## MODERN PLATING TECHNIQUES TO ELEVATE FOOD PRESENTATION

- 1. Clean, Minimal Plating | Visual story telling: Focus on the star ingredient. Less is more.
- 2. Strategic Use of Negative Space: Highlight the main elements by leaving some areas empty.
- 3. Leading lines: Drawing the viewer's eye to key elements.
- 4. Layering Textures: Add depth and intrigue by combining different textures on the plate.
- 5. Colour Contrast: Use contrasting colours to make the dish visually appealing.
- 6. Garnishes: Fresh herbs and edible flowers can add a pop of color and freshness.
- 7. Modern Plating Techniques:



Bathing

Nordic

Freeform

Hide and Seek

https://www.unileverfoodsolutions.us/chef-training/food-service-and-hospitality-marketing/food-photography-and-food-plating-tips-and-techniques/modern-food-plating-presentation-styles.html





SEE MORE EXAMPLES HERE!

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